

Winter Activities

SKIING AND BOARDING

The best thing about Lake Rescue Chalet in the winter is how easy it is to get to world-class skiing, Vermont style! You'll find a number of excellent ski mountains within an hour's drive, ranging from the sheer massiveness of Killington to the family friendliness of Bromley to the class of Stratton. Get the details of Vermont's outstanding ski resorts at <https://www.snowpak.com/vermont>.

Okemo Mountain Resort

<http://okemo.com/okemowinter/>

Okemo is about four miles away, with two base areas, the main one on Okemo Mountain Road and the new, more convenient Jackson Gore, located off Route 103.

(DIRECTIONS TO MAIN BASE AREA: Head south on Rt. 100, then turn left on 103. After two miles, turn right at the Okemo sign. DIRECTIONS TO JACKSON GORE BASE: South on 100, right on 103, first left, then first right. Follow signs to parking.)

Killington Resort

<http://www.killington.com/>

Killington Resort stretches across seven mountains with 200 trails and 33 lifts.

(DIRECTIONS: The Killington Skyship base area is 11 miles away. Drive north on Rt. 100, then east on Rt. 4 for half a mile. TO GO TO THE MAIN BASE, continue on Route. 4 to Killington Road, turn left and go to the end of the road.)

Pico Mountain

www.picomountain.com/

Pico is one of Vermont's largest mountains, with a vertical drop of 1,967 feet spread over 50 trails and 214 skiable acres. It's on the left a couple of miles after Killington Road.

Bromley Mountain

www.bromley.com/

Bromley Mountain was rated the #1 Resort in North America for Family Programs by Ski Magazine in 2004.

Stratton Mountain Resort

www.stratton.com

Set on the highest peak in southern Vermont, Stratton Mountain offers an exhilarating skiing experience for beginner to expert with 92 trails and a 2,003-foot vertical drop.

OTHER WINTER ACTIVITIES

There's plenty around Ludlow to keep the non-skiers entertained! Here are a few suggestions:

ICE SKATING & SLEDDING

Ice House Skating Facility at Okemo's Jackson Gore Base Area

<http://www.okemo.com/okemowinter/ourmountain/events/jgactivities.asp>

Guests are sure to love Okemo's new regulation-sized hockey rink and recreational ice skating pavilion (tennis court and basketball court, surrounded by a single-lane jogging track, in summer). The connected building features skate rentals and a warming area with a gas-fueled fireplace (802) 228-1406.

(DIRECTIONS: South on 100, right on 103, first left at Okemo sign, first right into resort. Parking lot on the right.)

West Hill Recreational Area

Ice skating and sledding offered. Outdoor rink and a great hill for sledding. You must provide your own skates and sleds.

Dates: Mid-December - March 30 (weather permitting). The rink may be closed for short periods of time for rink maintenance.

(DIRECTIONS: South on 100, left on 103, right onto West Hill just after the Totem Pole Ski Shop and before Benson Chevrolet. It's about a mile up on the left, just after a pond and a big field on the left.)

Hawk Mountain Resort

(802) 672-3811

Hawk has a little skating pond and a sledding hill. www.hawkresort.com/winter/sledding.html
Rentals available.

(DIRECTIONS: North on Rte. 103 about three miles. Turn right when you see the Hawk sign with the big hawk on it.)

CROSS-COUNTRY SKIING

Vermont Cross-Country Ski Resorts

There are several within 40 minutes. Find more at www.xcountryski-vermont.com/

Okemo Valley Nordic Center

www.okemo.com/trails/nordic.html

Offers a variety of trails, both on the golf course and in the woods, a store, a rental shop and a restaurant.

(DIRECTIONS: Go south on Route 100, left on 103, left on Fox Lane. Parking on right and Nordic Center on left. Call 802-228-1396 for conditions.)

Hawk Mountain Resort

www.hawkresort.com/winter/crosscountry.html

Hawk has several trails for all levels, and offers equipment rentals.

(DIRECTIONS: North on Rte. 103 about three miles. Turn right when you see the Hawk sign. Go past the parking lot on the left and turn into the second parking lot, behind the white house.)

Camp Plymouth State Park at Echo Lake

[If you have your own gear, you can go over there and ski on the wooded trails.](#)

(DIRECTIONS: North on 100, right onto Kingdom Rd. at Echo Lake Inn, left onto Scout Camp Rd. Park is at bottom of hill. Lake is to the left and wooded trails to the right after the cluster of cabins.)

Mountain Meadows Cross Country Ski & Snow Shoe Area

2363 Route 4, Killington

802-775-7077

<http://www.xcskiing.net/xcskiing/Welcome.html>

SNOWSHOEING

Okemo Mountain

There is no trail fee to snowshoe on the trails of Okemo Mountain. Snowshoers are not allowed on the lifts, and must stay on the side of the trail. Snowshoes rent at Okemo Base Lodge.

Okemo Valley Nordic Center - Cross Country Ski & Snowshoe Center

10km of dedicated snowshoe trails at the Okemo Valley Nordic Center. Rentals and more.

SNOWMOBILING

Our home is near the Vermont Association of Snow Travelers (VAST) Network. See the complete statewide map at <https://vtvast.org/>. Go north on Rte. 100 and turn left at the Echo lake Inn and you will be connected to the state VAST snowmobiling network, which also crosses lakes Echo and Rescue. To rent a snowmobile, head north ten miles on 100; Killington Snowmobile Rentals is on your left.

SPA AND SWIMMING

The Spring House Fitness and Aquatic Center at Okemo's Jackson Gore Base Area

Okemo Resort has an 18,000-square-foot fitness and aquatic center featuring a recreational swimming pool equipped to accommodate family water fun and designated lap swimming times, a hot tub, sauna, racquetball court, fitness center and studio with classes.

www.okemo.com/activities/spring-house/

Ice fishing. On Lakes Rescue and Echo. Ask at the Tyson Village Store.