

Okemo Valley Road Biking Routes

CALVIN COOLIDGE LOOP

Distance: Approx. 28 miles

Description: Goes north along scenic lakes with gradual uphill/rolling for approx. 10 miles. Then approx. 6/7 miles of gradual downhill before 6 mile steady, but not steep uphill.

Route:

- North on Route 100N for approx. 11 miles to intersection with Route 4
- Right (East) on Route 4 for approx. 5 miles to Route 100A
- Right on Route 100A for approx. 6 miles to intersection with Route 100N
- Left on Route 100N (South) for approx. 6 miles to return to start.

REVERSE CALVIN COOLIDGE LOOP

Distance: Approx. 28 miles

Description: Goes north along scenic lakes, then turns to give a short (¼ mile), but steep (15% grade) uphill before a very nice 6 mile downhill. Gradual 6 miles of uphill before gradual 10 miles of downhill/rolling.

Route:

- North on Route 100N for approx. 6 miles to intersection with Route 100A.
- Right on Route 100A, immediately followed by short by steep hill. Approx. 7 miles to intersection with Route 4.
- Left on Route 4 approx. 5 miles to intersection with Route 100N.
- Return to start, approx. 11 miles.

SOUTH HILL LOOP

Distance: Approx. 32 miles

Description: Contains 3 principal sections of steady climbing, 2 – 4/5 mile sections along with a shorter 3-mile section. Nothing steep, but your legs feel this by the end. The hardest climb is the first.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 toward Ludlow Approx. 2 miles.
- Right on Route 100S and begin 4 mile climb and several mile downhill to intersection with Route 155
- Right on Route 155 approx. 6/7 miles to intersection with Route 103.
- Right on Route 103 approx. 5/6 miles to intersection with Route 100N (at bottom of hill)
- Left (North) on Route 100N approx. 3 miles to return to start.

REVERSE SOUTH HILL LOOP

Distance: Approx. 32 miles

Description: Contains 3 principal sections of steady climbing, 2 – 4/5 mile sections along with a shorter 3 mile (?) section. Nothing steep, but your legs feel this by the end. The hardest climb is the last.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Right on Route 103 (up hill) toward Rutland, approx. 6 miles
- Left on Route 155 for Approx. 6/7 miles to intersection with Route 100S
- Left (North and uphill) on Route 100S for approx. 7/8 miles to intersection with Route 103.
- Left on Route 103 for approx. 1.5 miles to intersection with Route 100N.
- Right on Route 100N approx. 3 miles to return to start.

SCENIC 131/PROCTORSVILLE GULF

Distance: Approx. 35 miles

Description: This route is about as flat as you can get in the area. Travels approx. 5 miles on Scenic Route 131 alongside of the Black River. Contains a nice 1 mile climb through Proctorsville Gulf.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 7 miles to intersection with Route 106.
- Right on Route 106 for approx. 4 miles to intersection with Route 10.
- Right on Route 10 for approx. 3 miles to intersection with Route 103.
- Right on Route 103 (toward and through Ludlow) for approx. 8 miles to intersection with Route 100N.
- Right on Route 100N for 3 miles to return to start.

THE ALPS

Distance: Approx. 32 miles

Description: You get the best of both worlds with this route, the beauty of Scenic 131, plus a 5 mile climb with a couple of steeper sections toward the end of the ride.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 7 miles to intersection with Route 106.
- Left on Route 106 for approx. 4 miles to Felchville.

- In Felchville, turn left at the sign toward Tyson (10 miles) and begin climbing.
- At the bottom of the hill, turn left on Route 100N and return to start (.5 mile or 1 mile).

NEW HAMPSHIRE

Distance: Approx. 50 (or 56 miles to Claremont) miles

Description: Unimaginative, out and back, but gives you bragging rites of having ridden to New Hampshire and back. Add 6 miles and ride into Claremont NH for a rest break and food.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 16 miles to intersection with Route 5 where road changes to Route 103. Continue straight down hill, across bridge into New Hampshire and return (or continue straight for another 3 miles into Claremont).
- Route 131 to intersection with route 103 approx. 18 miles.
- Right on Route 103 through Ludlow approx. 4 miles to intersection of Route 100N.
- Right on Route 100N approx. 3 miles to return to start.

MT. ASCUTNEY

Distance: Approx. 60 miles

Description: Nice long ride around Mt. Ascutney.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 8 miles through Ludlow, over Proctorsville Gulf to intersection with Route 10 in Gassetts.
- Left on Route 10 for approx. 4 miles to intersection with Route 106
- Left on Route 106 for approx. 8 miles to intersection with Route 44.
- Right on Route 44 approx. 7 miles until Route 44A forks to right.
- Right on Route 44A approx. 2/3 miles to intersection with Routes 5/12.
- Right on Routes 5/12 approx. 1.5 miles to intersection with Scenic Route 131.
- Right on Scenic Route 131 toward Cavendish for approx. 11 miles to intersection with Route 103.
- Right on Route 103 toward and through Ludlow for approx. 4 miles to intersection with Route 100N.
- Right on Route 100N approx. 3 miles to return to start.

WOODSTOCK

Distance: Approx. 55 miles

Description: This loop takes you along Route Scenic 131 into Woodstock and then back.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 7 miles to intersection with Route 106.
- Left on Route 106 into Woodstock for approx. 13 miles.
- Left on Route 4 in Woodstock for approx. 5 miles to Bridgewater and Route 100a. (You can add about 4 miles to this route by continuing on Route 4 until the intersection of Route 100N in West Bridgewater.)
- Left on Route 100A over Plymouth Notch (Birthplace of Calvin Coolidge) for 7 miles to intersection with Route 100N.
- Left on Route 100N approx. 6 miles to return to start.

REVERSE WOODSTOCK

Distance: Approx. 55 miles

Description: This loop takes you to Woodstock and back to Ludlow along Route Scenic 131.

Route:

- North on Route 100N for approx. 11 miles to intersection with Route 4
- Right (East) on Route 4 for approx. 9 miles into Woodstock and Route 106
- Right on Route 106 for approx. 13 miles to intersection with Route 131
- Right on Scenic Route 131 for approx. 7 miles to intersection with Route 103
- Right on Route 103 through Ludlow for approx. 4 miles to intersection with Route 100N.
- Right on Route 100N approx. 3 miles to return to start

RUTLAND

Distance: Approx. 53 miles

Description: This loop takes you into Rutland (2nd largest town in VT. And past Killington and Pico ski areas).

Route:

- North on Route 100N for approx. 11 miles to intersection with Route 4
- Left on Route 4 to Rutland for approx. 14 miles to intersection with Route 7
- Left on Route 7, through Rutland for approx. 4 miles to intersection of Route 103
- Left on Route 103 toward Ludlow for approx. 12 miles to intersection of Route 100N
- Left on Route 100N approx. 3 miles to return to start.

REVERSE RUTLAND

Distance: Approx. 53 miles

Description: This loop takes you into Rutland (2nd largest city in VT) and past Killington and Pico ski areas)

Route:

- South on Route 100N for approx. 3 miles to intersection with Route 103.
- Right on Route 103 approx. 12 miles to intersection with Route 7
- Right on Route 7, through Rutland for approx. 4 miles to intersection with Route 4.
- Right on Route 4 Approx. 14 miles (past Pico and Killington ski areas) to intersection with Route 100N in West Bridgewater.
- Right on Route 100N approx. 11 miles to return to start.