

Lake Rescue Chalet



**26 Benson Point
Ludlow, VT 05149
802-228-7343**

Vermont Rooms TAX ID 440-K10060265F-01

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Welcome To Lake Rescue Chalet!

Thanks for choosing our chalet on Lake Rescue in Ludlow, VT, for your vacation! We hope your group will feel at home and have a wonderful time in our comfortable, family-friendly chalet. Feel free to hike around our woods, hang out on the deck, and enjoy the hot tub, the decks and the boats.

HOW TO GET IN

The house has keyless doorknobs. The combination **4-6-6-3** (the word "Home" on a keypad) will unlock them.

Press the little "Lock" button on your way out to lock it behind you.

Only the downstairs one is available in winter because of slippery steps.

CONTACT INFO

- **Problems or Emergencies:** If you have any problems with the house or the hot tub, call our property manager, Keith Hawkins of Yankee Home Management, at (802) 259-3064 or (802) 558-3082. *(Please be aware that rural Vermont has sketchy cellphone service and he may not be immediately available. Please be patient.)*
- **Cleaning Needs:** For cleaning issues or any additional cleaning (for an extra fee) call Angie Gates at Pristine Cleaning, at 802-259-2817.

WIRELESS INTERNET

The network is: LakeRescueChalet

Passphrase is: LakeHouse

LAKE ETIQUETTE

Please observe quiet hours 10PM – 8AM and respect our neighbors.

PARKING

There is room for five or six cars in the driveway. If you have more, we suggest carpooling. If your group has too many cars to fit, you can park extra vehicles out at the wide entrance to Benson Point Road. **DO NOT DRIVE** onto the grass in front of the house.

SMOKING

Smoking is **PROHIBITED** inside the house! We prefer no smoking outside, either, but if anyone does, they must use an ashtray and make sure they leave **NO BUTTS** on the deck or in the yard.

Use of marijuana is prohibited, both cigarettes and edibles.

Amenities

The house features huge decks front and back to relax on. We have turned the far end of the yard and woods into a comfortable outdoor area for your enjoyment.

- There's a hammock hanging from two trees so you can escape with a book.
- There's a fire pit for toasting marshmallows and hot dogs at night. (Notify Ludlow police if you plan to use it – 802-228-4411.) Please make sure your fire is completely extinguished.
- There's an extra-large picnic table by the woods for rustic outdoor dining.
- There's a horseshoe pit area for friendly competition. (You'll find the horseshoes in the shed to the left of the house.)
- There are OUTDOOR GAMES in the shed – cornhole, croquet, horseshoes and more – and a volleyball/badminton net system (note the poles and tires in the yard) that allow you to set up your game quickly without using any stakes – simply roll the poles in place and attach the nets – the volleyball one to the higher two metal loops, the badminton one to the lower two.

LINENS

Each bed is made up with sheets, pillows, a blanket and a comforter. Linens for the sofa beds are in the captain's chests. There are extra pillows and blankets in bedroom closets, and a couple of throw blankets on the couches. Bath towels are supplied; bring your own beach towels. You are responsible for washing any linens or towels in excess of one set of sheets per bed (including sofas) and one set of washcloths and towels per person. Please leave the mattress pads for the cleaning service.

TELEPHONE

Local calls are free. The phone doesn't dial long-distance. The chalet's phone number is **(802) 228-7343**.

TV

There are large-screen Smart TVs up and down. The digital channels are in the 700s. If you change setting to accommodate your games and devices, please restore them before you leave.

KITCHEN

The kitchens are stocked with pots and pans, toasters, serving dishes, dishes, glasses, utensils, toasters, coffee makers and microwaves, and a few spices. Items migrate around, so if what you need isn't in one kitchen, try the other.

FOR SAFETY

- Please turn off the coffeemakers before you go out.
- Please turn the thermostat down to 60 (if the heat is on) and turn off all lights when you leave for long periods.

- There are fire extinguishers in both kitchens.
- There are also CO2 detectors in both hallways (up and down). Please do not remove them or their batteries -- they are there for your safety. If they start beeping every 15 seconds, replace the batteries or call Keith to do so. Four beeps is an alarm – get out of the house immediately and call the property manager.

HOT TUB

Instructions for using the hot tub are taped to the back doors of the upstairs rear bedrooms, and at the end of this book. You'll also find a copy with the hot tub chemicals in the rear left bedroom upstairs. After using, put in a tablespoon of shock from the jug with the orange lid.

GAS FIREPLACES

The house features gas fireplaces upstairs and down. They are activated by turning the knob inside the fireplace on the bottom right counterclockwise to turn on, and clockwise to turn off. **DO NOT** do anything else, such as open or close the flue. **DO NOT** burn anything else in the fireplace, including wood or paper, as that will damage the unit, and **you will be liable for repair or replacement and we will keep your security deposit**. Don't forget to turn the fireplace off when you are finished enjoying it. *(NOTE: The downstairs fireplace is not currently working, awaiting a replacement for a defective part, slowed down by COVID-19.)*

BBQ GRILL

There is gas grill on the front deck. (It may not be accessible during the deepest snow periods in winter.) Grill utensils are in the upstairs kitchen and a cleaning brush hangs from the grill. We maintain two full gas tanks and replenish them regularly. If you run out, contact Keith or visit the Tyson Store, half a mile north on Route 100.

WASHER/DRYER

You'll find the washer and dryer in the laundry room, upstairs at the far end of the living room to the left of the fireplace.

TRASH & RECYCLABLES.

- Trash goes in the wooden bins on the front patio.
- Recycling is mandatory in Vermont. There's a recycling bin in each kitchen and outside on the front patio. It's single stream – you can mix plastic, glass, paper and cardboard.

CHILDREN are welcome. We have lots of games in the upstairs hall closet. (Please make sure to put away neatly and return ALL PARTS to each game when you are done playing so parts and pieces don't get lost.) You'll find small life jackets at the dock. There's a highchair and booster seat under the spiral staircase and a Pack-n-Play with sheets in the bunk bed room closet. Watch children carefully on the decks, where the stairs are not childproofed, and at the dock, where the water can get deep quite suddenly. Kids should not use the hot tub under age 12 unless the temperature is turned down to 99 degrees (make sure they are **CLEAN** before they get in the water).

The top of the spiral staircase has a child safety door. (Sneaky children have been known to open it; keep an eye on your children!) The bottom has no gate.

LAKE RESCUE DOCK

It's just 2 minutes away. To get to our dock, walk to the far end of the yard through a break in the trees to the left of the hammock. Cross Benson Point Road, walking past a little red house on the left, a longish driveway and a bright blue house. Just after the blue house you'll see a patch of grass and fir trees and a hand-made sign "Lake House Dock." Walk through the trees down the hill to the dock and grassy area. You'll find a private dock and swimming platform in an inlet, with a canoe and two kayaks. Oars, paddles, and life jackets in a variety of sizes are in the big storage bin. Please store all items as you found them there when not in use.



Use the boats at your own risk! Everyone using the boats **MUST** wear a life jacket. It's **VERMONT STATE LAW:** People over 12 must have them on the boat, and those under 12 **MUST WEAR THEM** or you'll be subject to a fine!

Kayak - The kayaks should be stored on top of the right dock, upside-down, so they won't fill with water when it rains.

Canoe – The canoe should be stored on the dock, upside down.

Notify Keith if any boats or accessories are missing. You can leave these boats in the water, tied to the dock, or upside down on the dock (in case of rain) for ease of use during your week, but at the end of the week, please return them to their proper storage positions for the next renters!

GROCERIES

You should find all the food you need at Shaw's Supermarket on Rte. 103 in Ludlow, about 4 miles south of the chalet. The closest quickie source, though with limited selection, is the Tyson Store on Route 100 in Tyson. You can also pick up wine and beer, fishing bait, sandwiches, toys, a video and the morning paper there.

DISCOVER VERMONT. The Okemo Valley Regional Chamber of Commerce is located in the Clock Tower Building in the Okemo Marketplace shopping center, across from the entrance to Okemo Ski Area. Go south on 100, left on 103, and it's about a mile down on your left.

MEDICAL EMERGENCIES. 9-1-1 is the emergency number. Ludlow has one medical care facility, Ludlow Walk-In Center, at 1 Elm Street, phone 802-228-4362. The nearest hospitals are Rutland Regional Medical Center, 160 Allen Street, Rutland, 802-775-7111 and Springfield Hospital, 25 Ridgewood Road, Springfield, VT, 802-885-2151.

WEATHER. Check out <http://www.weather.com/weather/climatology/05149> to find out what to expect.

PETS. No pets are permitted unless you have paid a deposit and made arrangements in advance.

Lake Rescue Chalet in Ludlow, Vermont

Directions

To 26 Benson Point

Ludlow, VT

802-228-7343

Google Maps - <https://goo.gl/maps/mRoCA6jxw9z>

From Albany and Points West

Find Route 7 east toward Troy/Bennington. At the Vermont border, NY-7 becomes Vermont Route 9. Go about 4 more miles, into Bennington. Turn left onto US-7. Follow 7 north toward Manchester/Rutland. Go about 21 miles.

Then take the VT-11/VT-30 ramp toward Historic VT-7A/Manchester Center/Manchester. At end of ramp, turn right onto VT-11. Go about 13 miles. Turn left onto VT-100. Follow north into Ludlow. At "T" intersection in Ludlow, turn left onto 100N/103W (the roads are together). Follow about two miles; turn right when 100 goes to the right and 103 keeps going straight.

*Go 2.9 miles. As you drive, you will start to see lakes on your right. On your left you'll pass a blue-gray sign with a spinning wheel on the left, then Summer Point Road on left, then a gray house with a huge stone chimney and a detached garage. Just after that, turn right onto Benson Point Road. It is unmarked; just a wide dirt road with a tiny patch of grass in the middle and a group of mailboxes just before it. (If you get to the Tyson Store, you've gone a half a mile too far.) The chalet is the first house on the right, just after a wooden sign with two skis that says, "The Lake House." There are two doors into the house: one on the upstairs deck to the right, the other downstairs in the front. Only the downstairs door is open in winter because of snow and ice. **Please DO NOT DRIVE onto the grass in front of the house.***

From the East

Get on 91 north (on the east side of Vermont), and take to exit 6 toward VT-103/ROCKINGHAM/RUTLAND. Keep LEFT at the fork in the ramp. Turn LEFT onto US-5, then turn LEFT onto VT-103. Go about 22 miles, passing through the town of Chester, where the road turns right, then Ludlow, and past Okemo ski area on left (Becomes 100/103). Turn right when 100 heads north and 103 continues straight. Follow italicized directions above.

From NYC and South

Take the Route 287 (Cross-Westchester Expressway) to Route 684 north, then Rte 84 East. Follow to 91 north. (This route is slightly longer but moves faster.) Follow into Vermont. Take exit 6 toward VT-103/ROCKINGHAM/RUTLAND. Keep LEFT at the fork in the ramp. Turn LEFT onto US-5, then fork LEFT a short time later onto VT-103. Go about 22 miles, passing through the town of Chester (where route 103 takes a 90-degree right turn – don't miss it!), then Ludlow, and past Okemo ski area on left. (Becomes 100/103). Turn right when 100 heads north and 103 continues straight. Follow italicized directions above.

From the North and West

FROM ROUTE 7 - Head south on Rte. 7 in Vermont. Turn left on Rte. 103. Turn left onto Route 100. Follow italicized directions above.

FROM ROUTE 100 - The house is about 11 miles south of the intersection of Routes 100 and 4. After passing through the town of Plymouth continue approximately 6 miles. Get ready to turn when you see the Echo Lake Inn sign. You'll see the Tyson Village Store on the left. Go another half mile, and turn left into Benson Point Road. We're the first house on the right, after the "Lake House" sign.

From North and East

Get on Route 91 south. Take exit 8, Route 131, toward VT-12 Ascutney/US-5 Windsor. Turn right onto 131. Go about 6 and a half miles or so, and turn left onto 131/106, and then right onto 131. Continue about 8 and a half miles, and turn right onto Route 103. After you pass through the village of Ludlow, turn right when 100 heads north and 103 continues straight. Follow italicized directions above.

By Plane:

Lake Rescue Chalet is an easy drive from several major airports, including New York's airports; Boston's Logan International; Hartford, CT; and Albany, NY.

By Train:

Amtrak offers service to Rutland (just 25 miles away) aboard the Ethan Allen Express. For more information, call Amtrak at 1-800-USA-RAIL or visit www.amtrak.com.

By Bus:

Greyhound offers service to Rutland (just 25 miles away), including from Albany Airport (2 ½ hours away). For more information, visit www.greyhound.com.

Lake Rescue Chalet in Ludlow, Vermont

Hot Tub Maintenance

The hot tub fits 6 people at a time.
Hot tub chemicals are in the closet of the upstairs left bedroom.
A tablespoon is attached to each container.

After Each Use

Turn on jets and put in 1 1/3 tablespoon of Enhanced Shock (Orange Cap).

If water gets cloudy, turn jets on and put in 1 1/3 tablespoons of Chlorine (Blue Cap) into tub.

If water is still cloudy after one hour, use a test strip to check the pH balance, and apply chemicals as instructed.

When You Leave

Put in 1 1/3 tablespoons of chlorine to keep the water clean for the next group.

For Your Safety

- Use of the Hot Tub is at your own risk.
- Do not use the hot tub if you have an open wound
- Don't use the tub if you are or could possibly be pregnant.
- Limit tub use by children under 12.
- At the top temperature, 104 degrees, you should not spend more than 15 minutes in the tub.
- Keep the tub covered when not in use.

Winter Activities

SKIING AND BOARDING

The best thing about Lake Rescue Chalet in the winter is how easy it is to get to world-class skiing, Vermont style! You'll find a number of excellent ski mountains within an hour's drive, ranging from the sheer massiveness of Killington to the family friendliness of Bromley to the class of Stratton. Get the details of Vermont's outstanding ski resorts at <https://www.snowpak.com/vermont>.

Okemo Mountain Resort

<http://okemo.com/okemowinter/>

Okemo is about four miles away, with two base areas, the main one and the new, more convenient Jackson Gore

(DIRECTIONS TO MAIN BASE AREA: Head south on Rte. 100, then turn left on 103 for the main lodge; you'll see the big sign on your right. DIRECTIONS TO JACKSON GORE: South on 100, right on 103, first left, then first right. Follow signs to parking.)

Killington Resort

<http://www.killington.com/>

Killington Resort stretches across seven mountains with 200 trails and 33 lifts.

(DIRECTIONS: The Killington Skyship base area is 11 miles away, north on Rte 100, then east on Rte 4.)

Pico Mountain

www.picomountain.com/

Pico is one of Vermont's largest mountains, with a vertical drop of 1,967 feet spread over 50 trails and 214 skiable acres.

Bromley Mountain

www.bromley.com/

Bromley Mountain was rated the #1 Resort in North America for Family Programs by Ski Magazine in 2004.

Stratton Mountain Resort

www.stratton.com

Set on the highest peak in southern Vermont, Stratton Mountain offers an exhilarating skiing experience for beginner to expert with 92 trails and a 2,003-foot vertical drop.

OTHER WINTER ACTIVITIES

There's plenty around Ludlow to keep the non-skiers entertained! Here are a few suggestions:

ICE SKATING & SLEDDING

Ice House Skating Facility at Okemo's Jackson Gore Base Area

<http://www.okemo.com/okemowinter/ourmountain/events/jgactivities.asp>

Guests are sure to love Okemo's new regulation-sized hockey rink and recreational ice skating pavilion (tennis court and basketball court, surrounded by a single-lane jogging track, in summer). The connected building features skate rentals and a warming area with a gas-fueled fireplace (802) 228-1406.

(DIRECTIONS: South on 100, right on 103, first left at Okemo sign, first right into resort. Parking lot on the right.)

West Hill Recreational Area

Ice skating and sledding offered. Outdoor rink and a great hill for sledding. You must provide your own skates and sleds.

Dates: Mid-December - March 30 (weather permitting). The rink may be closed for short periods of time for rink maintenance.

(DIRECTIONS: South on 100, left on 103, right onto West Hill just after the Totem Pole Ski Shop and before Benson Chevrolet. It's about a mile up on the left, just after a pond and a big field on the left.)

Hawk Mountain Resort

(802) 672-3811

Hawk has a little skating pond and a sledding hill. www.hawkresort.com/winter/sledding.html
Rentals available.

(DIRECTIONS: North on Rte. 103 about three miles. Turn right when you see the Hawk sign with the big hawk on it.)

CROSS-COUNTRY SKIING

Vermont Cross-Country Ski Resorts

There are several within 40 minutes. Find more at www.xcountryski-vermont.com/

Okemo Valley Nordic Center

www.okemo.com/trails/nordic.html

Offers a variety of trails, both on the golf course and in the woods, a store, a rental shop and a restaurant.

(DIRECTIONS: Go south on Route 100, left on 103, left on Fox Lane. Parking on right and Nordic Center on left. Call 802-228-1396 for conditions.)

Hawk Mountain Resort

www.hawkresort.com/winter/crosscountry.html

Hawk has several trails for all levels, and offers equipment rentals.

(DIRECTIONS: North on Rte. 103 about three miles. Turn right when you see the Hawk sign. Go past the parking lot on the left and turn into the second parking lot, behind the white house.)

Camp Plymouth State Park at Echo Lake

If you have your own gear, you can go over there and ski on the wooded trails.

(DIRECTIONS: North on 100, right onto Kingdom Rd. at Echo Lake Inn, left onto Scout Camp Rd. Park is at bottom of hill. Lake is to the left and wooded trails to the right after the cluster of cabins.)

Mountain Meadows Cross Country Ski & Snow Shoe Area

2363 Route 4, Killington

802-775-7077

<http://www.xcskiing.net/xcsking/Welcome.html>

SNOWSHOEING

Okemo Mountain

There is no trail fee to snowshoe on the trails of Okemo Mountain. Snowshoers are not allowed on the lifts, and must stay on the side of the trail. Snowshoes rent at Okemo Base Lodge.

Okemo Valley Nordic Center - Cross Country Ski & Snowshoe Center

10km of dedicated snowshoe trails at the Okemo Valley Nordic Center. Rentals and more.

SNOWMOBILING

Our home is near the Vermont Association of Snow Travelers (VAST) Network. See the complete statewide map at <https://vtvast.org/>. Go north on Rte. 100 and turn left at the Echo lake Inn and you will be connected to the state VAST snowmobiling network, which also crosses lakes Echo and Rescue. To rent a snowmobile, head north ten miles on 100; Killington Snowmobile Rentals is on your left.

SPA AND SWIMMING

The Spring House Fitness and Aquatic Center at Okemo's Jackson Gore Base Area

Okemo Resort has an 18,000-square-foot fitness and aquatic center featuring a recreational swimming pool equipped to accommodate family water fun and designated lap swimming times, a hot tub, sauna, racquetball court, fitness center and studio with classes.

www.okemo.com/activities/spring-house/

Ice fishing. On Lakes Rescue and Echo. Ask at the Tyson Village Store.

Summer Activities

Whether you want to be in perpetual motion or just relax and get away from it all, you can do it in Vermont in summer. Hike up a waterfall, cycle along scenic Route 100, run around the lake, relax with a cold drink on the back deck, cuddle in the hammock, play a game of horseshoes, paddle around the lake or take a moonlit soak in the hot tub.

Here are some suggestions for enjoying a variety of activities in the Okemo Valley region. A great source is yourplaceinvermont.com.

Fishing. Fishing licenses and supplies can be purchased at the Tyson Village Store (see below). Our part of Lake Rescue, called Round Pond, has excellent fishing, including trout, perch and bass. Kids like to catch sunfish off the dock.

State Park – Camp Plymouth State Park, two miles away on Echo Lake (north on 100, right at Echo Lake Inn, left on Scout Camp Rd.), has lots of grass, a playground, picnic facilities, boats, a beach and a food vendor.

Playgrounds. There are three good playgrounds nearby – one at Camp Plymouth State Park; one six miles north on Route 100 on the left, next to the Plymouth School; and the other behind Black River High School, on your left on the far side of downtown on Rte. 103 East.

Okemo in Summer.

Okemo has a swimming pool in its Spring House at the Jackson Gore Base Area that's open to the public. It has two kiddy slides, a shallow part for kids and a lap lane. The facility also includes a weight room, hot tub, yoga classes, a weight room, sauna and more. (Go south on 100, right on 103, immediate left, then right into Jackson Gore.)

Okemo also offers a the Adventure Zone at Jackson Gore (<http://www.okemo.com/activities/adventurezone.asp>), with a zip line, mini golf, disc golf, a bungee thing, an alpine slide and much more. It also has a free Summer Music Series (<http://www.okemo.com/events/jgms.asp>) Friday nights, with BBQ for sale.

CYCLING

You can rent road or mountain bikes at Okemo's Jackson Gore base, and at Killington resort. Here are some basic road cycling routes from the house:

- Route 100 is one of the most scenic roads in New England for riding. You can head north to the end and back; that's about 22 miles round trip.
- For a longer, hillier route, take a right at the end (11 miles) onto Route 4, then another right onto 100A (about 4 miles) at the Bridgewater Corners Country Store (this is a very

hilly section), then take a left back onto Route 100 in Plymouth. Or head south on 100, turn left on 103, ride through Ludlow and continue into Chester (rolling).

- For a short (ten-mile) ride that's not too hilly, head south on 100, right on 103, bear right at the fork 100 yards in onto Buttermilk Falls Road), and ride to the end, then come back. (At the halfway point, I suggest you park your bike and hike into the falls and take a dip).
- If you have a mountain bike, you can ride at Killington, where the lift is running in the summer.
- There's also a gorgeous 12-plus-mile route around the lakes, for hybrids or mountain bikes. Head south on Route 100. Turn left on East Lake Road, a mile past the Green Mountain Sugar House. Follow the dirt road to the end (you'll come out on 100 at Hawk Mountain Resort). Turn left and head home. There are some big hills.

RUNNING and WALKING

- Either direction on Route 100 is lovely as an out-and-back course, with breathtaking views of the lakes.
- Or, head north on Route 100, turn left at Echo Lake Inn, and go out as far as you want on the dirt road, then come back for a nice out and back course. (Warning – it's uphill out, downhill back.)
- For a hilly five-mile route around Lake Rescue, head south on route 100, turn left on Red Bridge Rd., turn left at the end onto East Lake Road, then left at the paved road back to 100, where you'll turn left and you're home!
- Another route (at least four miles): North on Route 100. Right at Echo Lake Inn. Left onto Scout Camp Road. Left onto the dirt road after Lake Amherst. Left onto Rte. 100 and home. Or, instead of taking the left after Lake Amherst, stay straight and follow it into Hawk Mountain Resort, then left onto Rte. 100 and home. This stretches it to more than 5, possibly even 6. All the lake routes are HILLY.

BOATING

Of course the boats at the Lake Rescue Chalet dock are available for your use. But if you want to visit another lake in the region, you can rent kayaks, paddleboards and canoes at the Tyson Store (they will transport boats to the lake of your choice for a fee), and at Camp Plymouth State Park.

GOLF

- [Okemo Valley Resort and Golf Club](#)
89 Fox Ln., Ludlow, VT 05149-9693
(800) 228-1600
- [Crown Point Golf Course](#)
Weathersfield Center Rd., Springfield, VT 05156
(802) 885-1010

- [Tater Hill Golf Course](#)
6802 Popple Dungeon Rd., Chester, VT 05143-9825
(802) 875-2517
- [Stratton Mountain Country Club](#)
Stratton Mountain Road, Stratton Mountain, VT 05155
(800) 787-2886
- [Killington Golf Course](#)
4763 Killington Rd., Killington, VT 05751-9746
(802) 422-6700
- [Stonehedge Golf Course](#)
216 Squires Road, North Clarendon, VT 05759
(802) 773-2666
- [Woodstock Golf Course](#)
14 The Green, Woodstock, VT 05091-1283
(802) 457-6674

HIKING

Here's a list of some nice **Vermont State Park** hiking trails in the state of Vermont.

- The **Tiny Pond Wildlife Management Area** trailhead is less than half a mile north on Rt. 100 on your left.
- **Camp Plymouth State Park** at Echo Lake, two miles away, has beautiful hiking trails, including a short one to the hilltop with a breathtaking that kids can even do. (Trailhead is to the left of the cabins, across the street from the parking lot. Take the first left, cross the old cemetery, continue up.)
- **Hawk Mountain Resort** (north on 100 about three miles) has a variety of trails.
- **Buttermilk Falls** in Ludlow is a short hike with a waterfall. (South on 100, right on 103, then an immediate right at the American Legion. Go about a mile or a mile and a half. Park and hike in to the right; there are several spots.) You can hear the falls from the road; even small kids can do this hike. Early in the summer season the water is high; later it's low and swimmable.
- The **Healdville Trail to Okemo Mountain** will provide a long, challenging hike. Take Healdville Rd. to the top of Okemo, 2.9 miles and all day. South on 100, right on 103, left on Healdville Rd. and immediate left.
- You will find beautiful hiking trails at **Camp Plymouth State Park** (which has a Vista Trail up to the mountain top that even kids can do),
- **Okemo Mountain** has a fire tower at the top with 360-degree views
- Vermont's **Long Trail** and **Appalachian Trail** trailheads can be accessed by car in several locations. The Long/Appalachian Trail crosses Route 103 West on the way to Rutland. The trailhead is right after you cross the railroad tracks, and there is parking.

- The **Long Trail** also crosses Route 4 at the Long Trail Inn at Killington. There is a parking lot across the street from the inn, and you'll find hiking on both sides of the road, but the north side has the added feature of bouldering and an incredible vista.

ADVENTURE ZONES

- **Okemo Mountain Resort Adventure Zone**
(www.okemo.com/activities/adventurezone.asp)
- **Killington Adventure Center** (www.killington.com/things-to-do/activities-amenities/adventure-center)

NEW ENGLAND VILLAGES

- **Downtown Ludlow**, of course! Our own village is a wonderful place to poke around in, with a number of charming shops and restaurants, as well as basic necessities such as food, gas and liquor. Here's **TripAdvisor's Top 10 things to do in Ludlow!**
- **Woodstock**, a quintessential New England Village. (www.woodstockvt.com/)
- **Manchester**, one of Vermont's premier tourist and outlet shopping destinations. (www.manchestervermont.com/)
- **Chester** is small but adorable. (www.vtliving.com/towns/chester/)

DINING

Dine in the surprisingly fine restaurants of Ludlow, including Goodman's American Pie, D.W.'s, Outback Pizza (fun for groups with karaoke), Ma Ma's casual Italian, the Downtown Grocery, Du Jour Vermont (live music), the Echo Lake Inn, Harry's Mount Holly Café, La Tavola, Mr. Darcy's and Sam's Steakhouse.

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- **Woodstock**, a quintessential New England Village.
- **Manchester**, one of Vermont's premier tourist and outlet shopping destinations.
- **Chester** is small but adorable.
- **Burlington**, the largest city in the state, is 2 hours away and worth the drive.
- **Brattleboro**, an artsy town
- **Rutland**, half an hour away, has stores, hospitals, a Saturday Farmers Market, outdoor concerts, festivals and a vibrant historic downtown

FAMILY ACTIVITIES

There are a number of family-friendly day trips within a couple of hours of our house, including but not limited to:

- [Calvin Coolidge Historic Site](#), Plymouth
- [Quechee Gorge](#), Quechee (Vermont's Grand Canyon)
- [VINS \(Vermont Institute of Nature and Science\)](#), Woodstock (raptors and nature)
- [Billings Farm and Museum](#), Woodstock (dairy farm with cows and ice cream)
- [Fletcher Farm School for the Arts and Crafts](#), Ludlow, VT (arts and crafts classes)
- [Montshire Museum of Science](#), Hanover, NH
- [Ben & Jerry's Factory Tour](#), Waterbury Village
- [Vermont Teddy Bear Factory](#), Shelburne, VT (build your own bear)

MUSIC & CULTURE

Here's a comprehensive list of [Events in Okemo Valley](#) this summer, provided by the Vermont Tourism Network. You can find a free outdoor concert every night of the week! A few local highlights follow.

- [Jackson Gore Summer Music Series](#) on Okemo Mountain
- [Killington's "Cooler in the Mountains" summer concert series](#)
- [Woodstock Brown Bag Concert Series](#)

You might also enjoy attending a theatrical show at the [Weston Playhouse](#) or Pentangle Arts in [Woodstock](#).

The Greenawalt Family's Top 20 (or so) List of Stuff To Do In Vermont in Summer

1. Go for a boat ride first thing in the morning, when no one's around and the mist is rising from the lake. Sometimes the loon yowls.
2. Go for a boat ride under a full moon. (Don't forget a flashlight to find your way back to the dock!)
3. Go for a boat ride at night during the Perseids Meteor Shower (mid-August). Check www.nasa.gov for the best viewing times.
4. Walk north on Rte. 100 half a mile to the Tiny Pond Wilderness Area and hike to the top of the trail.
5. Drive to Lake Nineveh and see the loon couple and their baby. (Right on Rte. 100, left at Echo Lake Inn, fork left onto Lake Nineveh Rd., follow to end, turn left, watch for fishing access road on left.)
6. Drive, bike or boat to the Red Bridge at the other end of Lake Rescue to swim. Climb over the dam and swim or boat in Lake Pauline!
7. Kayak out to Discovery Island in the middle of Lake Rescue.
8. Go bird watching up the Black River by boat at dusk. You might see the great blue herons! Paddle around the peninsula to the left of our dock, and continue to the left till you find yourself on the river. There is also frog and fish-watching to be had.
9. Ride a bike around the lakes. Go north to Hawk Mountain Resort, turn right, and follow Scout Camp Road all the way around lakes Amherst, Echo, Rescue and Pauline. Come out at Route 100 at the end; turn right back to the house. It's about 14 miles. There are a couple of stretches of dirt road (you need fat tires or at least a hybrid) and some KICKASS hills. The scenery is awesome and you even pass a herd of llamas.
10. Hike down to Buttermilk Falls (see Hikes)
11. Go swimming, lift weights or take a yoga class at the Spring House at Okemo Resort's Jackson Gore base area.
12. Go to the Ludlow Farmers Market, Fridays from 4-7 PM at Okemo Mountain School. (www.ludlowfarmersmarket.org/)
13. Go for a five-mile run around Lake Rescue or Echo Lake. It's hilly but very rural and lovely.
14. Check out the Raptor Center in Quechee. (<http://www.vinsnaturecenter.org/>)
15. Check out Woodstock; it has cute shops and restaurants, as well as a public pool with cheap admission, and outdoor concerts, theater and a movie house..
16. Have some ice cream at the White Cottage on Rte. 4 near Woodstock. Bring your swimsuits; there's a creek out back, and the kids can catch pollywogs and bring them home!
17. Have lunch at the Long Trail Brewery (north on Rte. 100, right on Route 4 about three miles). It's on the right. You can watch them brew beer weekdays. On nice days, eat out on the back deck along the river. Bring bathing suits and creek sneaks for the kids; they

can play in the creek behind the pub when they're done eating. The food is fresh and excellent.

18. Go outlet shopping in Manchester, then drive to the top of Mount Equinox in Manchester.
19. Go play for the day at an adventure zone at a local ski area.
20. Play Mini-Golf at the motel nine miles north on route 103, right side, just before Route 4.
21. Enjoy free outdoor concerts at the Ludlow Village Green (Sundays), or up on Okemo Mountain (the Jackson Gore Summer Concert Series is Friday nights)
22. Go to Java Baba's in the shopping center across from Okemo and enjoy ice cream, a cuppa Joe and a good book (or one of their countless magazines).
23. Spend a day at Camp Plymouth State Park at Echo Lake. Bring burgers, dogs and charcoal and while the day away BBQing, playing on the playground, renting boats, lying in the sun, playing horseshoes or volleyball, or eating popsicles from the concession.
24. Hike to the top of the mountain at Camp Plymouth State Park and be rewarded with an awesome view of Echo Lake.
25. Drive to the top of the Okemo Access Road, park and hike to the mountain top for a 360-degree view from a rickety fire tower. (At your own risk!)
26. Hang out on the back deck with a book and a pina colada.
27. At dusk, drive to the Moose Crossing and wait to see if you're lucky enough to site one of those majestic creatures. (Turn right at the Echo Lake Inn, continue out Kingdom Rd. about five miles – watch for the homemade sign.) Be patient.

OK, so it's more than 20. There's so much to do!

Have an AWESOME vacation in Vermont!

Okemo Valley Road Biking Routes

CALVIN COOLIDGE LOOP

Distance: Approx. 28 miles

Description: Goes north along scenic lakes with gradual uphill/rolling for approx. 10 miles. Then approx. 6/7 miles of gradual downhill before 6 mile steady, but not steep uphill.

Route:

- North on Route 100N for approx. 11 miles to intersection with Route 4
- Right (East) on Route 4 for approx. 5 miles to Route 100A
- Right on Route 100A for approx. 6 miles to intersection with Route 100N
- Left on Route 100N (South) for approx. 6 miles to return to start.

REVERSE CALVIN COOLIDGE LOOP

Distance: Approx. 28 miles

Description: Goes north along scenic lakes, then turns to give a short (¼ mile), but steep (15% grade) uphill before a very nice 6 mile downhill. Gradual 6 miles of uphill before gradual 10 miles of downhill/rolling.

Route:

- North on Route 100N for approx. 6 miles to intersection with Route 100A.
- Right on Route 100A, immediately followed by short by steep hill. Approx. 7 miles to intersection with Route 4.
- Left on Route 4 approx. 5 miles to intersection with Route 100N.
- Return to start, approx. 11 miles.

SOUTH HILL LOOP

Distance: Approx. 32 miles

Description: Contains 3 principal sections of steady climbing, 2 – 4/5 mile sections along with a shorter 3-mile section. Nothing steep, but your legs feel this by the end. The hardest climb is the first.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 toward Ludlow Approx. 2 miles.
- Right on Route 100S and begin 4 mile climb and several mile downhill to intersection with Route 155
- Right on Route 155 approx. 6/7 miles to intersection with Route 103.
- Right on Route 103 approx. 5/6 miles to intersection with Route 100N (at bottom of hill)
- Left (North) on Route 100N approx. 3 miles to return to start.

REVERSE SOUTH HILL LOOP

Distance: Approx. 32 miles

Description: Contains 3 principal sections of steady climbing, 2 – 4/5 mile sections along with a shorter 3 mile (?) section. Nothing steep, but your legs feel this by the end. The hardest climb is the last.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Right on Route 103 (up hill) toward Rutland, approx. 6 miles
- Left on Route 155 for Approx. 6/7 miles to intersection with Route 100S
- Left (North and uphill) on Route 100S for approx. 7/8 miles to intersection with Route 103.
- Left on Route 103 for approx. 1.5 miles to intersection with Route 100N.
- Right on Route 100N approx. 3 miles to return to start.

SCENIC 131/PROCTORSVILLE GULF

Distance: Approx. 35 miles

Description: This route is about as flat as you can get in the area. Travels approx. 5 miles on Scenic Route 131 alongside of the Black River. Contains a nice 1 mile climb through Proctorsville Gulf.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 7 miles to intersection with Route 106.
- Right on Route 106 for approx. 4 miles to intersection with Route 10.
- Right on Route 10 for approx. 3 miles to intersection with Route 103.
- Right on Route 103 (toward and through Ludlow) for approx. 8 miles to intersection with Route 100N.
- Right on Route 100N for 3 miles to return to start.

THE ALPS

Distance: Approx. 32 miles

Description: You get the best of both worlds with this route, the beauty of Scenic 131, plus a 5 mile climb with a couple of steeper sections toward the end of the ride.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 7 miles to intersection with Route 106.
- Left on Route 106 for approx. 4 miles to Felchville.

- In Felchville, turn left at the sign toward Tyson (10 miles) and begin climbing.
- At the bottom of the hill, turn left on Route 100N and return to start (.5 mile or 1 mile).

NEW HAMPSHIRE

Distance: Approx. 50 (or 56 miles to Claremont) miles

Description: Unimaginative, out and back, but gives you bragging rites of having ridden to New Hampshire and back. Add 6 miles and ride into Claremont NH for a rest break and food.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 16 miles to intersection with Route 5 where road changes to Route 103. Continue straight down hill, across bridge into New Hampshire and return (or continue straight for another 3 miles into Claremont).
- Route 131 to intersection with route 103 approx. 18 miles.
- Right on Route 103 through Ludlow approx. 4 miles to intersection of Route 100N.
- Right on Route 100N approx. 3 miles to return to start.

MT. ASCUTNEY

Distance: Approx. 60 miles

Description: Nice long ride around Mt. Ascutney.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 8 miles through Ludlow, over Proctorsville Gulf to intersection with Route 10 in Gassetts.
- Left on Route 10 for approx. 4 miles to intersection with Route 106
- Left on Route 106 for approx. 8 miles to intersection with Route 44.
- Right on Route 44 approx. 7 miles until Route 44A forks to right.
- Right on Route 44A approx. 2/3 miles to intersection with Routes 5/12.
- Right on Routes 5/12 approx. 1.5 miles to intersection with Scenic Route 131.
- Right on Scenic Route 131 toward Cavendish for approx. 11 miles to intersection with Route 103.
- Right on Route 103 toward and through Ludlow for approx. 4 miles to intersection with Route 100N.
- Right on Route 100N approx. 3 miles to return to start.

WOODSTOCK

Distance: Approx. 55 miles

Description: This loop takes you along Route Scenic 131 into Woodstock and then back.

Route:

- South on Route 100N approx. 3 miles to intersection with Route 103
- Left (East) on Route 103 approx. 4 miles through Ludlow
- Left on Scenic Route 131 toward Cavendish for approx. 7 miles to intersection with Route 106.
- Left on Route 106 into Woodstock for approx. 13 miles.
- Left on Route 4 in Woodstock for approx. 5 miles to Bridgewater and Route 100a. (You can add about 4 miles to this route by continuing on Route 4 until the intersection of Route 100N in West Bridgewater.)
- Left on Route 100A over Plymouth Notch (Birthplace of Calvin Coolidge) for 7 miles to intersection with Route 100N.
- Left on Route 100N approx. 6 miles to return to start.

REVERSE WOODSTOCK

Distance: Approx. 55 miles

Description: This loop takes you to Woodstock and back to Ludlow along Route Scenic 131.

Route:

- North on Route 100N for approx. 11 miles to intersection with Route 4
- Right (East) on Route 4 for approx. 9 miles into Woodstock and Route 106
- Right on Route 106 for approx. 13 miles to intersection with Route 131
- Right on Scenic Route 131 for approx. 7 miles to intersection with Route 103
- Right on Route 103 through Ludlow for approx. 4 miles to intersection with Route 100N.
- Right on Route 100N approx. 3 miles to return to start

RUTLAND

Distance: Approx. 53 miles

Description: This loop takes you into Rutland (2nd largest town in VT. And past Killington and Pico ski areas).

Route:

- North on Route 100N for approx. 11 miles to intersection with Route 4
- Left on Route 4 to Rutland for approx. 14 miles to intersection with Route 7
- Left on Route 7, through Rutland for approx. 4 miles to intersection of Route 103
- Left on Route 103 toward Ludlow for approx. 12 miles to intersection of Route 100N
- Left on Route 100N approx. 3 miles to return to start.

REVERSE RUTLAND

Distance: Approx. 53 miles

Description: This loop takes you into Rutland (2nd largest city in VT) and past Killington and Pico ski areas)

Route:

- South on Route 100N for approx. 3 miles to intersection with Route 103.
- Right on Route 103 approx. 12 miles to intersection with Route 7
- Right on Route 7, through Rutland for approx. 4 miles to intersection with Route 4.
- Right on Route 4 Approx. 14 miles (past Pico and Killington ski areas) to intersection with Route 100N in West Bridgewater.
- Right on Route 100N approx. 11 miles to return to start.

Lake Rescue Chalet

What to Do When You Leave

- **KITCHENS:**
 - Please return kitchen items to proper places if possible.
 - Wash all dishes. It's OK if they're running in the dishwasher. Pots and pans should be scrubbed well.
 - Please throw out or take all perishable food except for staples such as ketchup, mayonnaise, oil and butter.
 - Turn off appliances and unplug coffee makers and toasters.
 - Put all garbage and recycling in the big cans outside.
- **DECKS:**
 - Clean the grill if you used it.
 - Discard beer cans, bottle caps and other debris.
- **HOT TUB:** Put 1 1/3 tablespoons of chlorine in the hot tub and close cover.
- **GAS FIREPLACES:** Make sure they are turned off.
- **GAMES:** Put games away neatly in their boxes and return them to the closet.
- **FURNITURE:** Return any furniture you moved to its original position. *(Your security deposit will be charged if we have to bring people in to move heavy furniture back into place)*
- **BEDROOMS:** Strip the beds, and leave the sheets by the washer in the laundry room. LEAVE mattress pads, comforters and pillows in bedrooms. *(If you change your sheets during your visit, you are required to wash the second sheet. The cleaning service only has time to wash one set per bed. Same thing goes for extra towels.)*
- **LIGHTS:** Turn off all lights.
- **DOCK:**
 - Pull boats out of the water and store them upside-down on the dock
 - Return all life jackets, paddles and other accessories to the Dock Box
 - Close the Dock Box
- **ARE YOU FORGETTING ANYTHING?** Check all drawers, closets and bathrooms to make sure you're not forgetting anything.
- **LOCK UP!** Lock all outside doors.

DO NOT TURN THE HEAT BELOW 60 DEGREES!
DO NOT TURN DOWN THE HOT TUB!

Please call our property manager, Keith Hawkins of Yankee Home Management, at (802) 259-3064, to report broken, damaged, or lost items. We expect normal wear and tear, so you will not be penalized for reporting when that happens.